

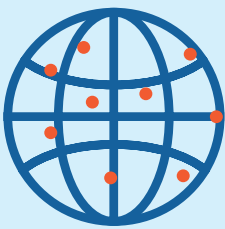
Key Findings

PSORIASIS: Journey to Stability

About Psoriasis

125 million
(or 2-3% of the world's population)
has psoriasis

most common form
plaque
psoriasis
≈ 90% of patients



1 million Canadians
have psoriasis

Up to 30% have or will
have arthritis

Mild



<3%
of the body.*

Generally involves isolated patches on the knees, elbows, scalp, hands and feet.

Typically little effect on the quality of life.

*To assess the area of involvement, consider that your palm covers about 1% of the skin's surface

Moderate



3-10%
of the body.*

Generally appears on the arms, torso, scalp and other regions. Often results in concern about others' reaction to visible lesions.

Generally affects the quality of life.

Severe



>10%
of the body.*

May affect large areas of skin. Psoriasis of the face and palms/soles may be considered as severe.

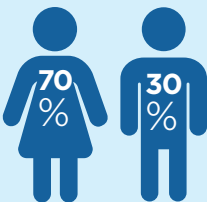
Typically has a severe impact on the quality of life.

Respondents' Experiences on their Journey to Stability

286

survey responses from individuals living with or affected by psoriasis

Of the respondents, approximately:



Majority of respondents have lived with psoriasis for

20+
years

Majority of respondents were in the age range of:

51-65
years

Top 5

Attributes Affected by Psoriasis



69%

Lack of self-esteem



58%

Interrupted or loss of sleep



49%

Anxiety



47%

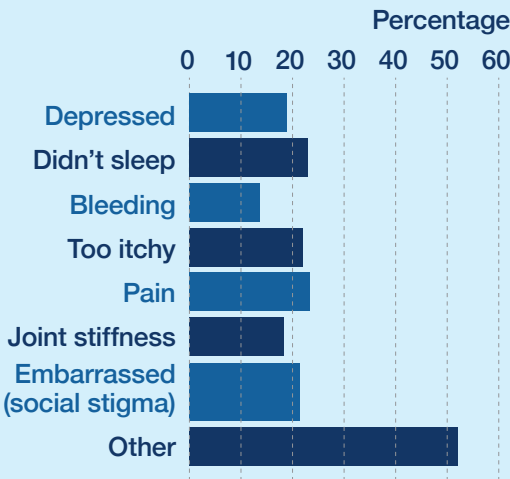
Depression



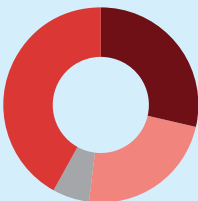
46%

Avoid intimacy

Reasons for Missed Work Days

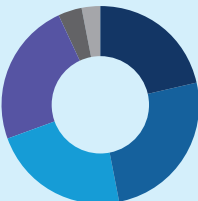


Description of Psoriasis



- 41.96% – moderate psoriasis
- 28.67% – severe psoriasis
- 23.43% – mild psoriasis
- 5.94% – other

Length of Time to Controlled/Stable



What Needs to Change

- 1 Reduce the length of time to access medications that control symptoms.
- 2 Expand educational outreach to health care professionals, patients, and loved ones.
- 3 Develop educational resources, especially on treatment options, including biologics and biosimilars.
- 4 Support physicians' and patients' therapeutic choices.